



NOC AWARD 2023

NOC PRESIDENTIAL RECOGNITION



June 23, 2023



Government of Nepal

Hon. Dig Bahadur Limbu
Minister of Youth and Sports
Singha Durbar, Kathmandu, Nepal

Message

Feeling great joy to learn that the Nepal Olympic Committee has chosen to recognize and celebrate the remarkable accomplishments of athletes and media professionals. This splendid act of appreciation will leave no stone unturned to impetus the spirits of the winners and serve as an inspiration to others. Nepal is diligently preparing her athletes for upcoming events, including the National Games on a domestic level, the 19th Asian Games on an international scale, and eagerly anticipating the Paris Olympic Games in 2024. The Nepalese government is fully committed to participating in these games and eagerly anticipates the outstanding performance of Nepalese athletes.



I want to congratulate the Nepal Olympic Committee for organizing the second edition of this esteemed Award ceremony. Awards serve as a symbolic gesture of honoring excellence, hard work, and determination.

I sincerely commend the Nepal Olympic Committee, led by President Jeevan Ram Shrestha, for their commendable decision. I am pleased to congratulate all the winners and nominees of the Nepal Olympic Committee Award 2023.

June 18, 2023.

Dig Bahadur Limbu
Minister

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Message

I am immensely pleased to know that Nepal Olympic Committee is organizing the 2nd NOC Award in 2023.

This is an amazing gesture by the Nepal Olympic Committee to recognize the excellence of sports fraternity who have put their mind and heart to it. The award will continue to encourage the recipient and it will be an inspiration to other athletes. With every success there is always someone behind him or her. They are beside family, the Coaches who play a pivotal role, for which NOC is honoring them and I deeply appreciate it.

Nepal Olympic Committee as always is very active under the dynamic leadership of its President Hon'ble Jeevan Ram Shrestha who is striving to develop the sports and sportsmen in Nepal.

Olympic Council of Asia applauds Nepal Olympic Committee family for their efforts for better future of sports in Nepal.

Lastly, I would like to thank President NOC Nepal and his team for this great initiative and I would like to take this opportunity to extend my heartfelt congratulations to all the winners and wish them a bright future.

Ever Onward.

Thank you

Raja Randhir Singh
Acting President, OCA



Nepal Olympic Committee



Message

It gives us an immense pleasure to announce that NOC Nepal is going to organize the NOC Award 2023 on June 23, 2023. It is a continuation of our commitment to organize the NOC Award annually on the special occasion of Olympic Day (Birth of Modern Olympic Movement).

We are very glad the NOC Award becomes one of the prestigious sports awards in Nepal to motivate Youth to be a part of the Sports and adapt the core values of Olympic in their daily life.

On behalf of the Nepal Olympic Committee and myself, I would like to congratulate all the candidates of various categories of Award, whoever will be selected for the best among the candidates for us all of them are best in their respective disciplines & all of them are winners.

I would like to extend my sincere gratitude to our Executive Member as well as the coordinator of the NOC Award Mr. Gopal Sunder Lal Kakshapati and his entire team for their hard work to continue this event with a great success.

Furthermore, our special thanks goes to the Judges' panel for their fair decision, without them we cannot imagine the award program. Hangzhou Asian Games 2022 is approaching very nearer. Therefore, I would like to express my best wishes to all the athletes for their successful participation in the Games. We are quite hopeful that our athletes will do their best to make country proud.

Jeevan Ram Shrestha
President



Message

MY esteemed friends, colleagues, and volunteers of the Nepal Olympic Committee, As we gather to celebrate Olympic Day 2023, we embark on a journey that pays tribute to the visionary ideals of Baron Pierre de Coubertin, the father of the Modern Olympic Games. The modern Olympic Games were launched in 1894, supported by the broader peace movement of that time, recognizing the peace-making dimensions of Coubertin's global vision for sport.



Coubertin proclaimed, 'Wars break out because nations misunderstand each other. We shall not have peace until the prejudices that now separate the different races are outlived. To attain this end, what better means is there than to bring the youth of all countries periodically together for amicable trials of muscular strength and agility?'

He firmly believed that international sports competitions could foster understanding, respect, and peace among nations. Despite recognizing that athletics can evoke both the noblest and basest passions and be used for both good and evil, Coubertin endeavored to ensure that the Olympic Games themselves served the higher aspirations of humanity.

Throughout his life, Coubertin demonstrated an unshakable faith in the ability of sport to transform relationships between people and nurture friendships through contact and interaction. He envisioned that sport could overcome barriers—political, religious, economic, and social—and enhance understanding between teammates and competitors. This idealistic view has stood the test of time, resonating with the power of the Olympic movement over the past century.

For Coubertin, peace was the vital link between the personal and the universal at the Games. In his first public proposal to revive the Games in 1892, he declared, 'Let us export rowers, runners, and fencers; there is the free trade of the future, and on the day when it is introduced within the walls of old Europe, the cause of peace will have received a new and mighty ally.'

As we commemorate Olympic Day 2023, we celebrate not only the pinnacle of athletic excellence but also the enduring message of peace and understanding among nations. Together, we honor the legacy of Coubertin and his teachings that continue to inspire us. The Olympic Games serve as a powerful platform to bridge gaps, break down barriers, and build a world where national preferences are disregarded, and applause is directed in proportion to the feats accomplished.

It fills us with immense joy and pride as we, the South Asian countries, come together once again to celebrate Olympic Day 2023 in grandeur. We extend our heartfelt appreciation to the NOC Nepal for their dedication in honoring our remarkable sportsmen and women through prestigious awards on this momentous day of the Olympic Movement.

We extend our warmest wishes to the Nepal Olympic Committee for their future endeavors and eagerly anticipate the exceptional programs they have planned for Olympic Day 2023. Let us embrace the Olympic values of friendship, respect, and solidarity, as we strive to promote peace and unity through the power of sport.

May this celebration remind us of Coubertin's vision, reminding us that true progress lies in overcoming misunderstandings and prejudices, fostering amity, and working together for a better and more harmonious world.

A handwritten signature in black ink, appearing to read 'Arif Hasan'.

Lt Gen Syed Arif Hasan (Retd)
President SAOC / NOC Pakistan



"स्वास्थ्यका लागि खेलकुद, राष्ट्रका लागि खेलकुद"

राष्ट्रिय खेलकुद परिषद

प्रधान कार्यालय: त्रिपुरेश्वर, काठमाडौं, नेपाल

National Sports Council

Head Office: Tripureshwar, Kathmandu, Nepal



च.नं./Ref. No.:

19th June, 2023

Message

I am pleased to wish all the Nepalese a Happy International Olympic Day 2023. The journey of sports is not easy for all the sports associations, clubs, organizations, journalists, players. Their hard work and dedication is highly commendable and praise worthy. Let us acknowledge all of them for their tireless work and help them continue their valuable works. Let us also strengthen the relevance of sports in the society as it not only helps the sense of togetherness but also helps in healthy lifestyle. Let us help bring the sportsman spirit within us.

Our continuous hard work made the 9th National Games a resounding success. For the first time in history, we introduced trophies for all the winners, highlighting their exceptional performances. We also prioritized fair play by emphasizing the importance of anti-doping measures to all stakeholders. Additionally, we are actively working on improving sports infrastructure, including the development of modern stadiums. We are commitment in supporting athletes and promoting the growth of sports in our nation.

This kind of award giving will help to motivate youths in participating in more tournaments and showcase their talents. I would like to applaud for all the participants of this award and special congratulation to all the winners. On behalf of National Sports Council and of my own, I would like to thank Nepal Olympic Committee and the team for organizing and encouraging the athletes. National Sports Council assures to support such programs for the betterment of athletes bright future.

Together let's cherish this day and make this a memorable one.

Tanka Lal Ghising
Member Secretary
National Sports Council



Nepal Olympic Committee



Message

It is indeed a matter of great pleasure for me to express a few words in relation to the NOC Award 2023. This is the second time in the history of the NOC that the NOC award has been established. This award will be annually offered to the Sports Personalities and Sports Organization who have gained great achievement & honor in various events of sports.

Through the NOC award this year we are honoring best athletes (Male & Female), best Coaches (Male & Female) , best Association and best Media for their outstanding contribution in Nepalese Sports.

We are sure that it will encourage all the sports fraternity to be best in their respective fields following the true spirit of sportsmanship. We are very excited that most of our member federations and Media organizations send their nominations for the award. It is a great inspiration to us to host these kinds of programs in the coming days. It is also continuation to attract the best athletes in sports which is one of the recommendations of Olympic Agenda 2020.

On behalf of the Nepal Olympic Committee, we would like to congratulate all the nominees and express sincere gratitude to the Panel of Judges & NOC Award Committee for their hard work.

Last but not least, we thank all the supporting partner for their kind assistance to make this event happen. We heartily welcome other business houses to be a part of the NOC Award in near future for the good cause.

Nilendra Raj Shrestha,
Secretary General, NOC





Nepal Olympic Committee



Message

June 23rd is a very special day for all the sports fraternity of the world. This day is celebrated worldwide with various programs for multiple days with different activities to spread Olympic Movements. In Nepal, we have been celebrating Olympic Day from a long time with different Olympic awareness programs.

This year also NOC Nepal has organized many events in all the provinces and from this year we have decided to celebrate June 23rd with a Grand Award Ceremony to acknowledge the hard work and achievements of sports persons.

The award will be provided to Best Athletes Male, Female and for the Best Coach Male and Female; we have also decided to appreciate the work of Journalist in highlighting the hard work of Athletes, Coaches and Association. The award will be provided to best Visual media, Best Sports Photo Journalist, Best Journalist in Print and Best Journalist in Multi-Media. We are also awarding the best National Federation affiliated with NOC, Nepal. The NOC Award is going to be a yearly event from now with more excellent additions. I am sure that this kind of honor will definitely motivate the concerned sports persons to be more involved in Olympic Activities. In my view the NOC Award 2023 will be one of the best Sports Award ceremonies in History of Nepali sports, as this is the best ever designed trophy and we are also providing great prize money to the winners.

I would like to extend my sincere gratitude and huge congratulations to all the nominees and award winners. I would also like to heartily thank the NOC Nepal Award Ceremony Team for their untiring efforts and contribution to make this event a grand success and a memorable one.

Chaturananda Raj Vaidya
Vice President and Executive Director, NOC





Nepal Olympic Committee



Message

It is my profound pleasure to welcome in the second edition of the NOC AWARD 2023 to be held on the occasion of Olympic Day 2023. We had very exhilarating experiences while we begun the presentation of award to the winners for the first time last year. The winners specially the athletes were shined in receiving the award. It simply reflects their satisfaction of their accomplishments of their hard works and dedication. This award being the highest and most prestigious in the sports fraternity the athletes shall treasure it.

Media plays a pivotal role in the society for disseminating the right information and plays a vital role in promoting good deeds. It smears the same in sports and makes a big difference for the athletes in their performance. Athletes are encouraged to excel their performance by their promotion in the society. This promotional roll is achievable only by the media. Nepal Olympic Committee is honor to recognize their efforts in promoting sports in Nepal.

The most challenging in selecting the awards is the decision to be made for the best among the entries we receive. There are nine judges from different walk of interrelated with the sports, media and education. The chief judge is Mr. Raghu Raj Onta, a well-known Olympian. The other judges Dr. Ram Krishna Maharjan, Mr. Harihar Shrestha Mr. Singh Bahadur Shrestha, Brig. Gen Sudha Sen Malla, Ms. Indira Niraula, Ms. Sujita Manandhar, Mr. Niranjan Rajbanshi, and Ms. Rita Rai Dahal.

I would like to express my gratitude and heartfelt thanks to Mr. Prithivi Bahadur Pande, Chairman of Nepal Investment Mega Bank Ltd. for his generous support in making the award ceremony a grand success and Mr. Nil Bhandary of Podway Company for the kind sponsorship. I would also like to thank President Mr. Jeevan Ram Shrestha for entrusting me for the second time and his valuable guidance. My gratitude to Secretary General Mr. Nilendra Raj Shrestha, Vice President and Executive Director Mr. Chaturananda Raj Vaidya and the entire NOC team particularly Mr. Ayush Joshi.

Gopal Sunder Lal Kakshapati,
Chair, NOC Award Committee
and Board member, NOC



HISTORY OF NEPAL OLYMPIC COMMITTEE

In accordance to the Olympic Charter, National Olympic Committee had to register five National Associations to be a member of International Olympic Committee (IOC). Out of the five, three must be Olympic disciplines. Therefore Nepal Olympic Committee registered Nepal Amateur Athletics Association (NAAA), All Nepal Football Association (ANFA), Nepal Boxing Association, Nepal Badminton Association and All Nepal Table Tennis Association. Those days Badminton and Table Tennis were non-Olympic Sports. In 1963 Nepal Olympic Committee was affiliated with the International Olympic Committee (IOC) and joined in the Olympic Movement.

The first ad hoc Committee of the Nepal Olympic Committee was chaired by Late Prince Basundhara Bir Bikram Shah.

In 1998 the first time in the history of NOC Nepal, democratic election was held in the presence of Education Minister and International Observers (Raja Randhir Singh, Secretary General of OCA & Mr. Latif Butt, and Secretary General of Pakistan Olympic Committee). Late Mr. Rukma Shamsheer Rana and Mr. Dhruva Bahadur Pradhan were elected President and Secretary General of NOC Nepal respectively. Then afterwards in every four years the Elective General Assembly of Nepal Olympic Committee would be held in order to elect the new Executive Board of the Nepal Olympic Committee.

Current President and Secretary General of NOC are Mr. Jeevan Ram Shrestha & Mr. Nilendra Raj Shrestha. They have been duly elected on Elective General Assembly of NOC Nepal held on September 6, 2019.

27 National Sports Associations are the members associations of Nepal Olympic Committee. In which 24 are the Olympic Sports Association and 3 are Non-Olympic sports association.

MEMBER ASSOCIATIONS OF NEPAL OLYMPIC COMMITTEE



Nepal Athletics Association



Nepal Archery Association



Nepal Badminton Association



Nepal Basketball Association



Nepal Boxing Association



Nepal Rafting & Canoeing Association



Nepal Cycling Association



All Nepal Football Association



Nepal Fencing Association



Nepal Handball Association



Nepal Gymnastics Association



Nepal Golf Association



Nepal Hockey Association



Nepal Judo Association



Nepal Karate Federation



All Nepal Kabaddi Association



Nepal Ski Association



Nepal Swimming Association



Nepal Shooting Association



Nepal Tennis Association



All Nepal Table Tennis Association



Nepal Triathlon Association



Nepal Volleyball Association



Nepal Taekwondo Association



Nepal Weightlifting Association



Nepal Wrestling Association



Nepal Wushu Federation

Nepal Olympic Committee Executive Board (2019-2024)



Top: Left to Right (Standing)

Mr. Dirga Bahadur K.C
Member

Mr. Hom Bahadur Dong
Member

Mr. Tashi Ghale
Member

Mr. Ramji Bahadur Hona Shrestha
Secretary

Mr. Gopal Sundar Lal Kaksapati
Member

Mr. Prakash Sjb Rana
Member

Mr. Deepak Harsa Bajracharya
Secretary

Mr. Ramesh Prasad Siwakoti
Member

Mr. Ram Awale
Member

Bottom: Left to Right (Sitting)

Mr. Pitamber Timsina
Deputy Secretary General

Mr. Sunil Kumar Shrestha
Vice-President

Mr. Chaturananda Rajvaidya
Vice-President, Executive Director

Mr. Ashok Ratna Bajracharya
Vice-President

Ms. Jyoti Rana
Vice-President

Mr. Jeevan Ram Shrestha
President

Ms. Tulsi Thapa
Secretary

Mr. Nilendra Raj Shrestha
Secretary General

Mr. Tej Bahadur Gurung
Vice-President

Mr. Ratan Kumar Tandon
Treasurer

**PAST PRESIDENTS OF
NEPAL OLYMPIC COMMITTEE**

Late Rukma Samsher Rana
Honorary Dhruva Bahadur Pradhan

NEPAL OLYMPIC ADVISORS

Mr. Lok Bhakta Rana
Mr. Sarat Singh Bhandari
Mr. Purshottam Paudel

COMMISSIONS

SPORTS PSYCHOLOGY COMMISSION

Chairperson

Mr. Indra Grurung

Members

Mr. Basanta Thakali
Dr. Ramkrishna Maharjan
Mr. Nirakarman Singh Regmi
Mr. Deepak Kunwar

**INFORMATION AND STATISTICS
COMMISSION**

Chairperson

Mohan Nepal

Members

Chandananda Rajvaidya
Dipak Thapa
Rita Adhikari
Shanta Maya Pariyar
Himesh Ratna Bajracharya
Riju Silwal
Suraj Dangol
Gopal Basnet
Harihar Shrestha
Ujjwol Pradhananga

**SPORTS AND ENVIRONMENT
COMMISSION**

Chairperson

Mr. Goverdhan Shrestha

Secretary

Ms. Dolma Lama Shaha

Member

Dr. Sanjay Bikra Shrestha
Mr. Sagun Rana
Mr. Chandeshornanda Rajvaidya
Mr. Shanker Gautam
Mr. Pradeep Rajbhandari
Mr. Dharma Man Bajracharya
Mr. Pritesh Shrestha
Ms. Gita Shaha

**PEACE THROUGH SPORTS
COMMISSION**

Chairperson

Ramesh Maharjan

Secretary

Anju Bhattarai

Members

Chandra Prakash Gharti
Krishala Ghising
Nayana Shakya
Yubraj Sunwar
Samir Bahadur Singha
Upendra Thapa
Ritu Gyamdan
Surya Bahadur Joshi
Gyanendra Maharjan
Sushma Rajbhandari

MEDICAL COMMISSION

Chairperson

Dr. Saroj Krishna Shrestha

Members

Dr. Roji Shrestha
 Dr. Suman Rawal
 Dr. Shankar Pratap Singh
 Dr. Padam Bahadur Khadka
 Dr. Nabees Man Singh Pradhan
 Dr. Manoj Man Shrestha
 Dr. Raju Dangol
 Dr. Suprit Raj Shrestha
 Dr. Bishwas Pradhan

WOMEN AND SPORT COMMISSION**Chairperson**

Ms. Jyoti Rana

Secretary

Ms. Bimala Paudel

Member

Ms. Helga Rana Rayamaji
 Ms. Nanda Bashyal
 Ms. Pramila Singh Shrestha
 Ms. Pratima Shaha
 Ms. Renuka Sitaula
 Ms. Suda Shakya
 Ms. Sunkeshari Mali
 Ms. Prema Dolma Lama Shrestha
 Ms. Geeta Shrestha

SPORTS FOR ALL COMMISSION**Chairperson**

Bishnu Gopal Shrestha

Members

Rajesh Khadka
 Ramesh Kumar Shrestha
 Mukunda Raj Sharma
 Dharendra Pradhan
 Rajesh Shrestha
 Pooja Shahi
 Ranjana Pradhan
 Bhojraj Sitaula
 Bajranga Shahi
 Rajan Shrestha

MARKETING AND SPONSOR COMMISSION**Chairperson**

Gopal Sunder Lal Kakshapati

Members

Gajendra Bohra
 Indira Gurung
 Jitendra Shrestha
 Prakash Samsher Rana
 Pratiksha Giri
 Sanjeeb Tuladhar
 Silu Shrestha
 Tashi Ghale
 Tajendra Singh Mahara
 Nabin Bikram Shah

CULTURE COMMISSION**Chairperson**

Ramji Bahadur Shrestha

Members

Anju Dawadi
 Hema Manandhar
 Naresh Vaidya
 Nitu Dangol
 Purna Kajee Jyapu
 Rajendra Neupane
 Sandhya Shakya
 Sujita Manandhar
 Surendra Shrestha
 Binda Paudel

NATIONAL OLYMPIC ACADEMY**Chairperson**

Mr. Dhruva Bahadur Pradhan

Members

Mr. Umesh Lal Shrestha
 Mr. Ramesh Khanal
 Mr. Chitiz Arun Shrestha
 Ms. Pratiba Joshi
 Ms. Pramila Singh
 Ms. Sneha Rajya Laxmi Rana
 Mr. Sundar Khanal

Director

Mr. Sujan Lal Shrestha

PROFILE OF PANEL OF JUDGES



RAGHU RAJ ONTA
CHIEF JUDGE

An Olympian participated in the Moscow Olympics in 1980. He is a retired professor from TU Kirtipur and have a versatile personality. He holds the distinction of being the first-ever Mr. Kathmandu and have participated in numerous championships. The individual has been involved in various organizations in different capacities and has contributed to the development of accomplished athletes in weightlifting and bodybuilding. He has also been engaged in various business ventures. He has received multiple medals throughout their career and was recently honored with the Lifetime Pulsar Award.



PROF. DR. RAM KRISHNA MAHARJAN

He is a retired professor of Tribhuvan University. He initiated Physical Education and Sports Science Department in TU. He is the founder president of Nepal Kho Kho Association and Founder Vice-President of Asian Kho Kho Federation. He is also the founder Vice-President of Nepal Basketball Association. He has been organising School level table tennis tournament with cash prize through SOPHES Nepal. He is a curriculum developer, textbook writer, evaluator and researcher in the field of Physical Education and Sports.



BRI. GEN. SUDHA SEN MALLA

She started playing taekwondo from the tender age of eight at the British Forces Taekwondo Association in Hong Kong and became the first female black belt of Nepal.

She joined Nepali Army in 1996 as a Dental Surgeon. In her long military career spanning over two decades, she is now a serving Brigadier General. As so many records as first, she is also the first female military observer in the UN missions from Nepali Army. She served as UN military observer at Democratic Republic of Congo. she holds a Master's degree in international health from Curtin University. Currently, she is serving as the Principal of Nepali Army College of Health Sciences and Head of Department of Public Health of Nepalese army institute of health sciences and has enormous contribution in starting and running the Nepali Army College of Health Sciences.



SINGHA BAHADUR SHRESTHA

Mr. Shrestha, who served with the Nepal Police since 1988 and retired as the Inspector General of Armed Police Force of Nepal in 2017. During over 30 years of service with the force he served as the Brigade Commander of the Eastern Regional Headquarters of Nepal; as the Spokesperson for the Armed Police Force; as the Chief of Operation Department, Human Resource Development responsible for sport development activity and Administration Departments; and as the overall lead of the Armed Police Force of Nepal with 37,000 personal. Presently working as vice president of Nepal cycling association.

PROFILE OF PANEL OF JUDGES



RITA RAI DAHAL

- Acting as...
- Founder Principal of Cambridge Public High School.
- Vice President of Kathmandu PABSON.
- Women's Council Member of Asian Sepak Takraw Federation.
- Vice-president of Sepak Takraw Federation Nepal.
- Brand Ambassador of K.I.F. Kurudaiya Martial Arts Federation of Nepal.
- Chief Advisor of Miss Mongol Nepal.
- विभूषित / Honored with प्रबल जनसेवाश्री चतुर्थ



SUJEETA SHRESTHA MANANDHAR

Mrs. Sujeeta Shrestha Manandhar, who has devoted 35 years of her life to education, is the principal of Adarsha Vidya Mandir. She has worked to sustain the institution's commitment to delivering accessible education to all as an educator.

Mrs. Manandhar is adamant that supporting amateur sports and her school has developed international-level table tennis players as a result of her outstanding efforts. She has also been in charge of planning the national cricket competition for seven years running. Hosted SNB memorial interschool cricket for 7 consecutive years in association with CAN from 2060 onwards. Which also provided a platform to pick a few quality national players too.

Mrs Manandhar has given young people potential in sports if cricket and Table tennis through her efforts.



NIRANJAN RAJBANSHI

Sen sports Journalists
Sports Journalists @ BBC Nepali Service
Past: Sports Editor on Nepal Samacharpatra National Daily
Treasure - Asian Sports Journalists Federation (AIPS ASIA)
Past President - Nepal Sports Journalists Forum (NSJF)
for 3 terms (2060 to 2069 BS)
Write news and speak on Radio for almost 3 decades.



INDIRA NIRLAULA

Indira Niraula was former national and international volleyball player. She is a national referee as well as a second level coach. She was also a member of the National Sports Council (2075-2077). She has also worked in the youth and sports ministry member secretary selection committee as the woman expert member (2077). She was also in the selection committee for the best player of the year awarded by the Ministry of Youth and Sports (2072 & 2074) respectively. She participated as a sports expert on behalf of Nepal in the 12th South Asian Games held in Guhati, India (2016). Currently, she is teaching Sports Science at Tribhuvan University.



HARIHAR SHRESTHA

A Famous Volleyball Player since 1977 in International Games like 8th Asian Games in 1978 and other. Master in Science and education from Kiev State institute of physical culture and many other institutions. He also was co ordination in many Asian and SAF games. He has a rich experience in organizing the national team and has worked in various capacity in national and international games.

WINNERS OF NOC AWARD 2023



NOC Best Journalist in Print
Mr. Prajeet Shakya



NOC Best Journalist in Multi-Media
Mr. Saroj Tamang



NOC Best Sports Photo Journalist
Ms. Sunita Dangol



NOC Best Visual Media
Mr. Prajod Shakya



NOC Best Athlete Male
Mr. Deepak Adhikari
Athletics



NOC Best Athletes Female
Ms. Shrijana Ghising
Taekwondo



NOC Best Coach Male
Mr. Kabiraj Negi
Taekwondo



NOC Best Coach Female
Ms. Renu Devi Konda
Tennis



NOC Best Association
Nepal Boxing Association

NOC PRESIDENTIAL RECOGNITION

S.No.	Name
1	Mr. Cheong Kwee Seng
2	Mr. Prithvi Bahadur Pande (Chairman, NIMBL)
3	Mr. Nila Raj Bhattarai (Vice President, Kathmandu Podway Company. Pvt. Ltd.)
4	Ms. Jyoti Rana (Vice President, Nepal Olympic Committee)
5	Ms. Rajpura Pachhai (Athletics)

CANDIDATES FOR NOC AWARD 2023

PHOTO JOURNALIST

SN	Photo Journalist	Visual Media
1	Gyanendra Karki	Prajol Shakya (NTV)
2	Niran Raj Bana	
3	Hemanta Shrestha	
4	Kaushal Adhikari	
5	Sunita Dangol	
6	Satyan Shrestha	
7	Nisha Bhandari	
8	Bikash Dware	

SN	Journalist Print	Journalist in Multimedia
1	Shreelochan rajopadhyaya	Saroj Tamang
2	Prajeet Shakya	Keshab Pathak
3	Ramsudan Timalisina	Sitaram Koirala
4	Kabirash Sharma	
5	Bishnu Thapa	

BEST COACH MALE

Sno.	Name	Association
1	Kabiraj Negi Lama	Nepal Taekwondo Association
2	Sanjay Gupta	Nepal Weightlifting Association
3	Puspa Ratna Bajracharya	Nepal Triathlon Association
4	Bijendra Shrestha	Nepal Gymnastic Association
5	Raj Bahadur Chand	Nepal Judo Association
6	Mumtaz Ali Idrisi	Nepal Wrestling Association
7	Prakash Bahadur Lama	Nepal Wushu Federation
8	Nim Bahadur Magar	Nepal Rafting & Canoeing Association

BEST COACH FEMALE

Sno.	Name	Association
1	Anuradha Lama	Nepal Boxing Association
2	Devika Khadka	Nepal Judo Association
3	Ramdevi	Nepal Gymnastic Association
4	Parbati Rai	All Nepal Kabbadi Association
5	Renu Devi Konda	Nepal Tennis Association
6	Laxmi Ban	Nepal Weightlifting Association

BEST MALE ATHLETE

Sno.	Name	Association
1	Rabin Thapa	Nepal Boxing Association
2	Indra Bahadur Shrestha	Nepal Judo Association
3	Abhishek Bastola	Nepal Tennis Association
4	Deepak Adhikari	Nepal Athletics Association
5	Rajendra Gajurel	Nepal Fencing Association
6	Baliram Prasad Yadav	Nepal Wrestling Association
7	Ghanshyam Roka Magar	All Nepal Kabaddi Association
8	Raju Rai	Nepal Gymnastic Association
9	Tshering Tenzing Sherpa	Nepal Ski Association
10	Basant Tharn	Nepal Traithlon Association
11	Deepak Hamal	Nepal Wushu Federation
12	Ganesh Gurung	Nepal Rafting & Canoeing Association
13	Bikash Bhatt	Nepal Weightlifting Association

BEST ASSOCIATION

Sno.	Name
1	Nepal Triathlon Association
2	Nepal Tennis Association
3	Nepal Wrestling Association
4	Nepal Boxing Association
5	Nepal Gymnastic Association
6	Nepal Weightlifting Association
7	Nepal Taekwondo Association
8	Nepal Rafting & Canoeing Association
9	Nepal Kabbadi Association

BEST FEMALE ATHLETE

Sno.	Name	Association
1	Anuja Kulung Rai	All Nepal Kabbadi Association
2	Nirmala Kunwar	Nepal Judo Association
3	Bidhisha Neupane	Nepal Gymnastics Association
4	Shreebi Maharjan	Nepal Triathlon Association
5	Sangita Lama	Nepal Ski Association
6	Shikshya Napit	Nepal Fencing Association
7	Sushmita Nepal	Nepal Shooting Association
8	Susma Tamang	Nepal Boxing Association
9	Abhilasha Bista	Nepal Tennis Association
10	Rajpura Pachhai	Nepal Athletics Association
11	Manisha Singh	Nepal Wrestling Association
12	Shrijana Ghising	Nepal Taekwondo Association
13	Nima Gharti Magar	Nepal Wushu Federation
14	Sita Thapa	Nepal Rafting & Canoeing Association
15	Jun Maya chhantyal	Nepal Weightlifting Association



Final Day of Judging Session of NOC Award 2023

TROPHY CREATOR



Sculptor Vijay Maharjan

PROFILE

Born in Kathmandu, Nepal, I officially fell in love with the art world at the age of 16. I did my Intermediate, Bachelors and Masters in Fine Art from Lalit Kala Campus of Tribhuvan University. I worked in the National Museum of Nepal as a replica maker from 2007 and as an art teacher in Lincoln School for 3 years (2010-2013).

I have received various awards in life, major ones are “ Araniko Award “ which has equal importance as the nobel prize for artists in 2020, National Contemporary Sculpture Award by NAFA for the sculpture (Celestial Being) which has been bought by China’s Museum, Commercial Artist Association of Nepal Award, 1st prize in Monument Sculpture Design Award in 2007 organised by “Nepal- Japan”. Talking about my works, I have made numerous busts of famous people of Nepal and Live Demonstration of Sculpture making,

Life size statues of 8ft and 7ft of Late Ganesh Mann Singh, Lord Shiva, Green Tara and of mountaineer Tenzing Norge Sherpa which has been installed in Namche Bazar. I have become a part of different exhibitions happening inside and outside Nepal. Also, I have keen interest in interior design which I have done for the showrooms of different brands.

NOC Award 2023

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19th Asian Games
Hangzhou 2022



PARIS 2024





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